Mem-x Voice Reminder

Introduction.

Mem-x is a voice memory aid. It tells the user in a pre-recorded voice all they have to do at that time, from special events to taking medication.
The Mem-x reminder can store up to 90 messages, each up to 10 seconds in length.

Who is it for?

The Mem-x reminder is a very useful aid for those with memory problems who are having difficulty remembering to carry out both simple daily living and occasional tasks, but who could carry on living independently provided that they are prompted to perform these tasks by a familiar voice. Typical tasks might be for example:

- Taking medication or other liquids
- Eating
- Remembering appointments – for example, doctor's visits, visits to relatives or the shops.
- Remembering family birthdays and other events
- Remembering to lock doors / put the dog or cat out / let the dog or cat back in!

How does it work?
Messages can be scheduled to play on a regular daily, weekly, monthly or annual basis or they may be occasional 'one off' messages.
At the precise time required the alarm sounds (there are five sound options).
To hear the message the user presses the large blue button on the front face of the Mem-x.
This cancels the alarm and the pre-recorded message is then played
.
Typical messages might be:

8.00 a.m. 'Hello Mum, it's 8 o'clock in the morning and today is Tuesday. It is time to get up because you are going to day care today. The taxi will come at 10 o'clock' *(weekly message)*

9.00 a.m. 'Hello Dad, it is nine o'clock, it is time to take your morning pills' *(daily message)*

9.45 a.m. 'Hello Mum, the taxi is coming in 15 minutes. Don't forget to take your handbag and pills'. *(weekly message)*

5.00 p.m. 'Hello Jack, it is Ava's birthday today, would you give her a call to wish her Happy Birthday, she will be so pleased! The number is in the book. (*one time message*)

07.00 p.m. 'Hello Dad, it is seven o'clock - your gardening programme is just about to start on the telly on BBC1' *(weekly message)*

9.00 p.m. 'Hello Dad it is 9 o'clock, - it is time to take your evening pills.' *(daily message)*

Repeated 2 hourly message throughout the day:
Hello Betty, it is xx o'clock and time to have a drink of water – you will find it on the table beside you, don't forget to drink it'

Repeated 4 hourly message from 22.00 to 07.00:
'Hello John, it is xx o'clock, don't forget to go to the loo'.

MEM-X PROGRAMMING

The Mem-X is simply programmed by opening the hinged door on the rear side:

By pressing the Menu button the Date & Time are displayed. All of the programming options are offered by scrolling through the Menu including:

New Message	Voice Volume
Message List	Ring Volume
Time setting	Ringing Tone
SOS Message	Time Format

To create a new message :
- Scroll down to 'New Message'
- Choose message type, (fixed, weekly, one time), date & time with the keyboard.
- Record your message - up to 10 seconds long - by pressing the 'record' key.

  After recording, message is automatically repeated for your review. .

When the Mem-x rings, the user simply presses the large blue button to listen to the message.

SOS Message function:
An SOS message can be pre-recorded for the user. This could be a message giving the identity of the user, home address, telephone number and family member or carer's contact details. For example, for someone with some confusion or learning difficulties who might get lost in a town the message might be:

'Hello, my name is John Swift, I live at 18 Rose Walk, Dudley DY1 1OO. Would you please call Mary Swift on 01234567899 and let her know I am here.'

The user can open the hinged door and press the SOS button which will then play the message to whoever is with him or her at the time.